

WAHLERT CATHOLIC HIGH SCHOOL MENU 2025



Monday	Tuesday	Wednesday	Thursday	Friday
31	April 1	2	3	4 - International Carrot Day
Hamburger or Rodeo Burger on WG Bun Chicken Caesar Salad Wrap SIDES: Roasted Beets Tossed Salad Potato Wedges Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Soft Shell Chicken Taco on WG 8" Tortilla Mini Pancake Bites SIDES: Black Beans Fresh Celery Shredded Lettuce Kiwi Apricots Red Beans & Rice Skim Chocolate or Skim White Milk	WG Chicken Nuggets & Dinner Roll Open Faced Roast Beef Sandwich SIDES: Mashed Potatoes with Gravy Corn Tossed Salad Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk	WG Spaghetti, Meaty Marinara, Garlic Toast Sausage Egg Bake & Mini Donuts SIDES: Steamed Broccoli Coleslaw Banana Sliced Peaches Skim Chocolate or Skim White Milk	Fish Sandwich on WG Bun Cheese Lasagna & WG Breadstick SIDES: Tossed Salad Baby Carrots Broccoli Raisin Salad Applesauce Cup Dried Cherries Skim Chocolate or Skim White Milk
7	8	9	10	11 - SNOW MAKEUP DAY IF NEEDED
WG Mini Corn Dogs Waffles & Cheese Omelette SIDES: Sweet Potato Fries Cucumber Slices Strawberry Spinach Salad Grapes Sliced Pears Skim Chocolate or Skim White Milk	Sloppy Joe on WG Bun Pizza by the Slice SIDES: Calico Beans Potato Smiles Baby Carrots & Cherry Tomatoes Citrus Fruit Bowl Applesauce Skim Chocolate or Skim White Milk	Mandarin Orange Chicken & Brown Rice Monte Cristo Sandwich SIDES: Stir Fry Vegetables Tossed Salad Fresh Pear Wedges Pineapple Tidbits Slice of Bread Skim Chocolate or Skim White Milk	Mr. Rib Sandwich on WG Bun Spicy Chicken Sandwich on WG Bun SIDES: Au Gratin Potatoes Baby Carrots Italian Romaine Salad Blueberries Mixed Fruit Cinnamon Streusel Cake Skim Chocolate or Skim White Milk	Cheese Pizza 5 Mozzarella Cheese Sticks with Marinara SIDES: Steamed Green Beans Tossed Salad Craisins Mandarin Oranges Skim Chocolate or Skim White Milk
14	15	16	17	18 - GOOD FRIDAY
WG Chicken Strips & WG Garlic Toast Pretzel with Cheese Sauce SIDES: Crinkle Cut Fries Celery Sticks Spinach & Tomato Salad Dried Cherries Applesauce Skim Chocolate or Skim White Milk	Beef Nacho Supreme with Cheese Chicken Cordon Bleu Sandwich on WG Bun SIDES: Corn Refried Beans Shredded Lettuce Strawberries Sliced Pears Skim Chocolate or Skim White Milk	Pork Tenderloin Sandwich on WG Bun Baked Potato Bar & Breadstick SIDES: Cherry Tomatoes Island Vegetables Assorted Relishes with Red Pepper Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Chicken Alfredo, WG Pasta, Garlic Breadstick Pretzel Wrapped Dog SIDES: Steamed Green Beans Tossed Salad Fresh Pear Wedges Mixed Fruit Skim Chocolate or Skim White Milk	
21 - NO SCHOOL	22	23	24	25
	WG Pizza Crunchers Long John with Scrambled Eggs & Ham SIDES: Roasted Squash Assorted Relishes Kiwi Apricots Skim Chocolate or Skim White Milk	BBQ Pulled Pork Sandwich on WG Bun Assorted Wraps- Chicken Bacon Ranch, Veggie Hummus Wrap and Buffalo Chicken SIDES: Baked Beans Baby Carrots Waffle Fries Cherry Tomato and Corn Salad Blueberries Mixed Fruit Skim Chocolate or Skim White Milk	Chicken and Gravy & Dinner Roll Philly Steak Sandwich on Flatbread SIDES: Mashed Potatoes Corn Garnished Tossed Salad Banana Mandarin Oranges Skim Chocolate or Skim White Milk	Toasted Cheese WG Sandwich Cheese Quesadilla SIDES: Tomato Soup Tossed Salad Cherry Tomatoes Fruit Slushie Fresh Apple Wedges Skim Chocolate or Skim White Milk
28	29	30	May 1	2 - SCHOOL LUNCH HERO DAY
Hot Dog on WG Bun Hamburger on WG Bun SIDES: Country Vegetables Sweet Potato Fries Potato Salad Dried Cherries Cinnamon Apple Slices Skim Chocolate or Skim White Milk	WG French Toast Sticks & Sausage Patty Zesty Orange Chicken Skewers with Golden Rice and Slice of Bread SIDES: Triangle Potato Spinach Salad Cheesy Cauliflower Citrus Fruit Bowl Sliced Peaches Skim Chocolate or Skim White Milk	WG Popcorn Chicken & Tiger Grahams Breakfast Pizza SIDES: Seasoned Curly Fries Baby Carrots Assorted Relishes with Red Pepper Fresh Orange Wedges Applesauce Skim Chocolate or Skim White Milk	WG Macaroni & Cheese Bar & Breadstick Roasted Chicken & Breadstick SIDES: Steamed Broccoli Tossed Salad Tomato, Basil, Mozzarella Salad Fresh Apple Wedges Mixed Fruit Skim Chocolate or Skim White Milk	Stuffed Crust Pizza Fish Sticks & Sunchips SIDES: Broccoli Raisin Salad Carrot Coins Radishes Cantaloupe Sliced Pears Cereal Bar Skim Chocolate or Skim White Milk
Alternate Meals Offered Daily				
Uncrustable Meal Bundle	Chef Salad		*WG = Whole Grain Rich Items	*Menu subject to change without notice
Yogurt Parfait	Deli Express Line			

*This institution is an equal opportunity provider.