






	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Brkfst	IFC or Yogurt Diced Pears & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Diced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Diced Pears, Saltines	HM or IFF, Cooked Apple Slices, Bread Slice	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Mandarin Oranges, Club Crackers	HM or IFF, Mixed Fruit, English Muffin
Lunch	Hot Dog on WG Bread SIDES: Country Vegetables Cooked Apple Slices 	Taco Meat with Tortilla SIDES: Black Beans Diced Peaches	Baked Chicken Breast SIDES: Steamed Green Beans Mandarin Oranges	WG Macaroni & Cheese with Ham SIDES: Steamed Broccoli Mixed Fruit	Hard Boiled Egg & Bread Slice SIDES: Carrot Coins Applesauce 
PM	HM or IFF, Carrot Coins, Slice of Bread	HM or IFF, Country Vegetables, Club Crackers	HM or IFF, Banana, Tortilla	HM or IFF, Green Beans, Graham Cracker	HM or IFF, Broccoli, Goldfish
10		11		12	
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, Cheerios	HM or IFF, Pineapple Tidbits, Bagel	HM or IFF, Pineapple, Graham Cracker	HM or IFF, Mandarin Oranges, Bread Slice	HM or IFF, Diced Peaches, English Muffin
Lunch	Baked Chicken Breast SIDES: Corn Diced Pears	Cottage Cheese SIDES: Carrot Coins Pineapple Tidbits	Salisbury Steak SIDES: Mashed Potatoes 1/2 Banana	French Toast Sticks & Cheese Omelette SIDES: Steamed Peas Diced Peaches	Fish Sandwich on WG Bread SIDES: Steamed Broccoli Mixed Fruit 
PM	HM or IFF, Carrot Coins, Slice of Bread	HM or IFF, Corn, Breadstick	HM or IFF, Carrot Coins, Tortilla	HM or IFF, Mixed Fruit, Cheerios	HM or IFF, Peas, Graham Cracker
17		18		19	
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, WG Cheerios	HM or IFF, Cooked Apples, Saltines	HM or IFF, Apricots, Goldfish	HM or IFF, Diced Pears, Club Crackers	HM or IFF, Banana, Graham Cracker
Lunch	Hamburger on WG Bread SIDES: Carrot Coins Cooked Apple Slices 	Chicken with Tortilla SIDES: Black Beans Apricots	Baked Chicken Breast SIDES: Corn Diced Pears	Hard Boiled Egg & Bread Slice SIDES: Steamed Broccoli 1/2 Banana	Toasted Cheese WG Sandwich SIDES: Steamed Cauliflower Applesauce
PM	HM or IFF, Broccoli, Bread Slice	HM or IFF, Carrot Coins, English Muffin	HM or IFF, Black Beans, Tortilla	HM or IFF, Corn, Graham Cracker	HM or IFF, Broccoli, Goldfish
24		25		26	
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, WG Cheerios	HM or IFF, Diced Pears, Graham Cracker	HM or IFF, Banana, Goldfish	HM or IFF, Applesauce, Bread Slice	HM or IFF, Sliced Peaches, Club Cracker
Lunch	Yogurt SIDES: Sweet Potatoes Diced Pears	Sloppy Joe on WG Bread SIDES: Calico Beans Mixed Fruit	Baked Chicken Breast SIDES: Stir Fry Vegetables Applesauce 	Cottage Cheese SIDES: Carrot Coins Sliced Peaches	Sliced Cheese & Bread Slice SIDES: Steamed Green Beans Mandarin Oranges
PM	HM or IFF, Mixed Fruit, Graham Cracker	HM or IFF, Carrot Coins, Bread Slice	HM or IFF, Calico Beans, English Muffin	HM or IFF, Stir fry Veggies, Goldfish	HM or IFF, Carrot Coins, Tortilla

*Menu Subject to Change Without Notice

IFC - Iron Fortified Cereal

HM - Human Milk IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.