





WAHLERT CATHOLIC HIGH SCHOOL MENU 2024



Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Hot Dog on WG Bun Hamburger on WG Bun SIDES: Country Vegetables Sweet Potato Fries Potato Salad Dried Cherries Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Walking Taco Chicken Fajitas with Peppers & Onions SIDES: Black Beans Celery Sticks Shredded Lettuce Citrus Fruit Bowl Sliced Peaches Cilantro Lime Rice Skim Chocolate or Skim White Milk	WG Popcorn Chicken & Tiger Grahams Breakfast Pizza SIDES: Seasoned Curly Fries Baby Carrots Assorted Relishes with Red Pepper Fresh Orange Wedges Applesauce Skim Chocolate or Skim White Milk	WG Macaroni & Cheese Bar & Breadstick Roasted Chicken & Breadstick SIDES: Steamed Broccoli Tossed Salad Tomato, Basil, Mozzarella Salad Fresh Apple Wedges Mixed Fruit Skim Chocolate or Skim White Milk	Stuffed Crust Pizza Fish Sticks & Sunchips SIDES: Broccoli Raisin Salad Carrot Coins Radishes Cantaloupe Sliced Pears Cereal Bar Skim Chocolate or Skim White Milk
11	12	13	14	15
Chicken Patty Sandwich on WG Bun Bratwurst on WG Bun SIDES: Emoji Fries Mixed Vegetables Fresh Pear Wedges Applesauce  Skim Chocolate or Skim White Milk	WG French Bread Pizza Turkey O'Toole SIDES: Pizza Fava Beans Spinach Salad Fresh Cauliflower Fresh Pineapple Sliced Peaches Skim Chocolate or Skim White Milk	Salisbury Steak & 2 Dinner Rolls Cinnamon Roll with Cheese Omelette SIDES: Mashed Potatoes with Gravy Sliced Cucumbers Carrot Fries Banana Pineapple Tidbits Skim Chocolate or Skim White Milk	Breakfast Sandwich on WG Bun Meatball Sub on WG Hoagie SIDES: Steamed Peas Sweet Potato Fries Triangle Potato Grapes Mandarin Oranges Skim Chocolate or Skim White Milk	WG Tony's Cheesesticks & Marinara Tuna Melt on WG Flatbread SIDES: Steamed Broccoli Tomato Mozzarella Salad Fruit Cup Honeydew Skim Chocolate or Skim White Milk
18	19	20	21	22
Hamburger or Rodeo Burger on WG Bun Chicken Caesar Salad Wrap SIDES: Roasted Beets Tossed Salad Potato Wedges Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Soft Shell Chicken Taco on WG 8" Tortilla Mini Pancake Bites SIDES: Black Beans Fresh Celery Shredded Lettuce Kiwi Apricots Red Beans & Rice Skim Chocolate or Skim White Milk	WG Chicken Nuggets & Dinner Roll Open Faced Roast Beef Sandwich SIDES: Mashed Potatoes with Gravy Corn Tossed Salad Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk	WG Spaghetti, Meaty Marinara, Garlic Toast Chicken & Emoji Waffles/Waffle Flavored Fries SIDES: Steamed Broccoli Coleslaw Banana Sliced Peaches  Skim Chocolate or Skim White Milk	Toasted Cheese WG Sandwich Cheese Lasagna & WG Breadstick SIDES: Tomato Soup Broccoli Raisin Salad Applesauce Cup Dried Cherries Skim Chocolate or Skim White Milk
25	26 - THANKSGIVING MEAL	27	28 - THANKSGIVING	29
WG Mini Corn Dogs Waffles & Cheese Omelette SIDES: Sweet Potato Fries Cucumber Slices Strawberry Spinach Salad Grapes Sliced Pears Skim Chocolate or Skim White Milk	Chicken and Gravy & Dinner Roll Sliced Ham & Dinner Roll Chicken Loaf  SIDES: Corn Stuffing Mashed Potatoes & Gravy Fresh Orange Wedges Cranberry Sauce Pumpkin Bars Skim Chocolate or Skim White Milk			
<u>Alternate Meals Offered Daily</u>				
Uncrustable Meal Bundle Yogurt Parfait	Chef Salad Deli Express Line	*WG = Whole Grain Rich Items		*Menu subject to change without notice