

Yogurt Parfait

Deli Express Line



CATHOLIC SCHOO	LS		- Wille	
Monday	Tuesday	Wednesday	Thursday	Friday
September 30	1	2	3	4 - HOMECOMING
Chicken Patty Sandwich on WG Bun	WG French Bread Pizza	Salisbury Steak & 2 Dinner Rolls	Breakfast Sandwich on WG Bun	Wahlert Wins! Walking Taco
Bratwurst on WG Bun	Turkey O'Toole	Cinnamon Roll with Cheese Omelette	Meatball Sub on WG Hoagie	Chicken Fajitas with Peppers & Onions
CIDEC	CIDEC	CIDEC	CIDEC	SIDES:
SIDES:	SIDES:	SIDES:	SIDES:	SIDES.
Emoji Fries	Baby Carrots	Mashed Potatoes with Gravy	Steamed Peas	Marching Band Black Beans
Mixed Vegetables	Spinach Salad	Sliced Cucumbers	Sweet Potato Fries	Goal Post Celery Sticks 4340125
Fresh Pear Wedges	Fresh Cauliflower	Carrot Fries	Triangle Potato	Shredded Lettuce
Mixed Fruit	Fresh Pineapple	Banana	Grapes	Gold & Blue Applesauce
	Sliced Peaches	Pineapple Tidbits	Mandarin Oranges	Homecoming Honeydew
				Celebration Cilantro Lime Rice
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
7	8	9 - Great Apple Crunch!	10	11 - NO SCHOOL
Hamburger or Rodeo Burger on WG Bun	Soft Shell Chicken Taco on WG 8" Tortilla	WG Chicken Nuggets & Dinner Roll	WG Spaghetti, Meaty Marinara, Garlic Toast	
Chicken Caesar Salad Wrap	Mini Pancake Bites	Open Faced Roast Beef Sandwich	Chicken & Emoji Waffles/Waffle Flavored Fries	
SIDES:	SIDES:	SIDES:	SIDES:	
Roasted Beets	Black Beans	Mashed Potatoes with Gravy	Steamed Broccoli	No
Tossed Salad	Fresh Celery	Corn	Coleslaw	140
Potato Wedges	Shredded Lettuce	Tossed Salad	Banana	C 00001
Fresh Orange Wedges	Kiwi	Fresh Local Apples APPLE	Sliced Peaches	Scho
Cinnamon Apple Slices	Apricots	Sliced Pears		
	Red Beans & Rice			
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	
		NATIONAL SCHOOL LUNCH WEEK		
14	15	16	17	18
WG Mini Corn Dogs	Sloppy Joe on WG Bun	Mandarin Orange Chicken & Brown Rice	Mr. Rib Sandwich on WG Bun	Cheese Pizza
Waffles & Cheese Omelette	Pizza by the Slice	Monte Cristo Sandwich	Spicy Chicken Sandwich on WG Bun	5 Mozzarella Cheese Sticks with Marinar
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:
Sweet Potato Fries	Calico Beans	Stir Fry Vegetables	Au Gratin Potatoes	Steamed Green Beans
Cucumber Slices	Potato Smiles	Tossed Salad	Baby Carrots	Fresh Broccoli
Strawberry Spinach Salad	Baby Carrots & Cherry Tomatoes	Fresh Pear Wedges	Italian Romaine Salad	Honeydew
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Grapes	Citrus Fruit Bowl	Pineapple Tidbits	Blueberries	Mandarin Oranges
Sliced Pears	Applesauce	Slice of Bread	Mixed Fruit	
		OCTOBER 14-18, 2024	Cinnamon Streusel Cake	
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
21	22	23	24	25
WG Chicken Strips & WG Garlic Toast	Beef Nacho Supreme with Cheese	Pretzel Wrapped Dog	Chicken Alfredo, WG Pasta, Garlic Breadstick	WG Bosco Sticks with Marinara
Pretzel with Cheese Sauce	Chicken Cordon Bleu Sandwich on WG Bun	Baked Potato Bar & Breadstick	Pork Tenderloin Sandwich on WG Bun	Bean & Cheese Burrito
CIDEC	STREE.	CIDEC	CIDEC	CIDEC
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:
Crinkle Cut Fries	Corn	Cherry Tomatoes	Steamed Green Beans	Glazed Carrots
Celery Sticks	Refried Beans	Island Vegetables	Tossed Salad	Fresh Broccoli
Spinach & Tomato Salad	Shredded Lettuce	Assorted Relishes with Red Pepper	Fresh Pear Wedges	Cucumber Salad
Dried Cherries	Strawberries	Fresh Orange Wedges	Mixed Fruit	Watermelon
Applesauce	Sliced Pears	Cinnamon Apple Slices		Sliced Peaches
	Mexican Rice			
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
28	29	30	31 - HALLOWEEN, NO SCHOOL	November 1 - NO SCHOOL
WG French Toast Sticks & Sausage Patty	WG Pizza Crunchers	BBQ Pulled Pork Sandwich on WG Bun		
Zesty Orange Chicken Skewers with	Long John with Scrambled Eggs & Ham	Assorted Wraps- Chicken Bacon Ranch, Veggie Hummus Wrap and Buffalo Chicken	HAPPY	
Golden Rice and Slice of Bread				Α ΛΙΙ
SIDES:	SIDES:	SIDES:	HALLANEEM	ALL ALL
Triangle Potato	Roasted Squash	Boo! Baked Beans	HALLOWEEN	
Spinach Salad	Assorted Relishes	Baby Carrots	IIIILL V W L L II	A CVINIC
Cheesy Cauliflower	Kiwi	Wacky Waffle Fries		ALL SAINTS
Fresh Apple Wedges	Apricots	Cherry Tomato and Corn Salad		
Pineapple Tidbits		Ghost Banana		<u>ιστού</u> ΙΙΔΥ
		Jack-O-Lantern Orange Fruit Wiggle		NOVEMBER 1
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk		
Alternate Meals Offered Daily	The state of the s			
Uncrustable Meal Bundle	Chef Salad		*WG = Whole Grain Rich Items	*Menu subject to change without notice
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