

EARLY CHILDHOOD MENU 2024



	Monday 30	Tuesday October 1	Wednesday 2	Thursday 3	Friday 4 - HOMECOMING
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	WG Cheerios & Milk	Gogurt, WG Bug Bites, & Water	Baby Carrots, Pretzels, Water	Cinnamon Bread & Cheese Stick, Water	WG Cheez Its & 100% Apple Juice
Lunch	Chicken Patty Sandwich on WG Bun SIDES: Emoji Fries Fresh Pear Wedges Ketchup Milk	WG French Bread Pizza SIDES: Baby Carrots Pineapple Tidbits Ranch Milk	Salisbury Steak & WG Dinner Roll SIDES: Mashed Potatoes with Gravy Banana Milk	Breakfast Sandwich on WG Bun SIDES: Steamed Peas Grapes Milk	Wahlert Wins! Walking Taco SIDES: Marching Band Black Beans Shredded Lettuce Blue & Gold Applesauce Milk
PM	WG Elf Graham & 100% Apple Juice	WG Breadstick, Sliced Cheese, Water	Ham Tortilla Rollup & Water	WG Cinnamon Chex Cereal & milk	Sidekick, WG Graham Crackers, Water
7 8 9 - Great Apple Crunch! 10 11 - HG & SJW ONLY					
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Yogurt, WG Granola or WG Cheerios & Water	Cheese Cubes, Saltines, Water	WG Banana Muffin & Milk	Cucumber slices, Club Crackers, Water	Oyster Crackers & 100% Apple Juice
Lunch	Hamburger on WG Bun SIDES: Tossed Salad Cinnamon Apple Slices Ketchup & Ranch Milk	Soft Shell Chicken Taco on WG 8" Tortilla SIDES: Black Beans Shredded Lettuce Apricots Milk	WG Chicken Nuggets SIDES: Corn Fresh Local Apples Ketchup Milk	WG Spaghetti with Meaty Marinara SIDES: Steamed Broccoli Banana Milk	Deli Sandwich SIDES: Fresh Cauliflower Applesauce Ranch Milk
PM	Sliced Cheese, Bug Bites, & Water	WG Blueberry Lemon Bites & 100% Apple Juice	Hard Boiled Egg, Pretzels & Water	WG Graham Crackers & Milk	WG Chex Mix, Raisins & Water
NATIONAL SCHOOL LUNCH WEEK					
14 15 16 17 18					
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	WG Dick & Jane Crackers & Milk	Cheese, Pretzels & Water	WG Tiger Grahams, Banana, Water	Homemade Pumpkin Bread & 100% Fruit Punch	Ham, Club Cracker & Water
Lunch	WG Mini Corn Dogs SIDES: Sweet Potato Fries Diced Pears Ketchup Milk	Sloppy Joe on WG Bun SIDES: Calico Beans Shredded Lettuce Citrus Fruit Bowl Milk	Mandarin Orange Chicken & Brown Rice SIDES: Stir Fry Vegetables Fresh Pear Wedges Milk	Mr. Rib Sandwich SIDES: Au Gratin Potatoes Blueberries Milk	Cheese Pizza SIDES: Steamed Green Beans Mandarin Oranges Milk
PM	Mixed Fruit, WG Scooby Bones, Water	Jelly on WG Bread & 100% Fruit Punch	WG Blueberry Muffin & Milk	Cheese Stick, Goldfish, Water	Tortilla with Sunbutter, Water
21 22 23 24 25					
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	WG Bagel & 100% Apple Juice	Crackers, Sliced Cheese, Water	Ham Tortilla Rollup & Water	WG Giant Goldfish, Peach Cup, Water	Kix Cereal & Milk
Lunch	WG Chicken Strips SIDES: Crinkle Cut Fries Applesauce Ketchup Milk	Beef Nacho Supreme with Cheese SIDES: Refried Beans Shredded Lettuce Diced Pears Milk	Pretzel Wrapped Dog SIDES: Island Vegetables Fresh Orange Wedges Ketchup Milk	Chicken Alfredo & WG Pasta SIDES: Steamed Green Beans Mixed Fruit Milk	WG Bosco Sticks with Marinara SIDES: Glazed Carrots Diced Peaches Milk
PM	WG Red. Sugar Cin. Toast Crunch & Milk	Gogurt, WG Bug Bites, & Water	WG Cheez Its & 100% Apple Juice	Cinnamon Bread & Cheese Stick, Water	Diced Pears, WG Elf Grahams & Water
28 29 30 31 - HALLOWEEN, HG & SJW ONLY November 1 - HG & SJW ONLY					
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Sliced Cheese, Saltines, & Water	Hard Boiled Egg, Pretzels & Water	WG Blueberry Lemon Bites & 100% Fruit Punch	WG Chex Mix, Raisins & Water	WG Graham Crackers & Milk
Lunch	WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Fresh Apple Wedges Ketchup Milk	WG Pizza Crunchers SIDES: Roasted Squash Kiwi Milk	BBQ Pulled Pork Sandwich on WG Bun SIDES: Boo! Baked Beans Ghost Bananas Milk	Chicken and Gravy & Dinner Roll SIDES: Mashed Potatoes Mixed Fruit Milk	Fish Sandwich on WG Bun SIDES: Tossed Salad Diced Pears Ranch & Tartar Sauce Milk
PM	Turkey on WG Bread & Water	Cucumber slices, Club Crackers, Water	WG Sunchips & Milk	Yogurt, WG Granola or WG Cheerios & Water	Oyster Crackers & 100% Fruit Punch

*Menu subject to change without notice

*WG = Whole Grain Rich Items

Milk = Whole for 2 and under, Skim for 2+ year olds