

# FREE youth athlete injury screenings!

**Calling all youth athletes!** Are you gearing up for sports this summer? Unified Therapy Services is here to support you with a FREE 30 minute injury prevention and movement screening with one of our licensed Physical Therapists.

## **THIS SCREENING IS PERFECT FOR:**

- Youth involved in sports or enjoy staying active
- Children experiencing growing pains/ growth spurts
- Individuals with a history of past injuries or sports-related injuries
- Those experiencing pain during daily activities, sports, or lifting activity
- Individuals looking to improve performance, move better and more efficiently
- Those interested in reducing the risk of injuries
- Individuals recovering from past injuries
- Anyone eager to learn tips for injury prevention

Don't miss out on this opportunity to safeguard your athletic journey and stay at the top of your game!



**Contact us today to schedule your FREE screening!**  
563-583-4003 or email [frontdesk@unifiedtherapy.com](mailto:frontdesk@unifiedtherapy.com)