



## EAGLES DAY CAMP MENU 2024



|                | CATHOLIC SCHOOLS                      |  |  |   |                                    |
|----------------|---------------------------------------|--|--|---|------------------------------------|
|                | Monday                                | Tuesday                                  | Wednesday                                  | Thursday  | Friday                             |
|                | 3                                     | 4  | 5  | 6   | 7                                  |
| AM             | Cinnamon Toast Crunch Cereal & Milk   | WG Bug Bites & 100% Apple Juice          | WG Elf Grahams, Apple, & Water             | WG Blueberry Muffin & 100% Grape Juice              | WG Scooby Bones, Craisins, Water   |
| sn             | WG Mini Corn Dogs                     | Walking Taco                             | Diced BBQ Chicken Slider on WG Dinner Roll | WG Popcorn Chicken                                  | WG Tony's Cheesesticks & Marinara  |
| l to I         | Sweet Potato Fries                    | Corn & Shredded Lettuce                  | Seasoned Curly Fries                       | Baked Beans   | Steamed Broccoli                   |
| Lunch<br>Camp  | Cinnamon Apple Slices                 | Citrus Fruit Bowl                        | Sliced Pears                               | Blueberries   | Applesauce                         |
| þ              | Milk                                  | Milk                                     | Milk                                       | Milk  | Milk                               |
| ъ              |                                       |  | School Aged Field Trip                     | Preschool Field Trip                                | School Aged Field Trip             |
| Lunch          |                                       |  | Turkey & Cheese Sandwich                   | Sunbutter & Jelly Sandwich                          | Sunbutter & Jelly Sandwich         |
| Sack           |                                       |  | Celery Sticks & Apple                      | Carrot Sticks & Fruit Cup                           | Carrot Sticks & Fruit Cup          |
| Sac            |                                       | 72:232 2 212:P                           | Milk                                       | Milk  | Milk                               |
| PM             | Cheese, Pretzels & Water              | Rice Cakes, Yogurt, Water                | Goldfish & Milk                            | Giant Goldfish, Banana, & Water                     | Cheez-its & 100% Apple Juice       |
|                | 10                                    | 11                                       | 12   | 13  | 14                                 |
| AM             | Cinnamon Bread & Cheese Stick, Water  | Seasoned Oyster Crackers & 100% Grape    | Goldfish & Milk                            | Gogurt, Tiger Bites & Water                         | Goldfish Pretzels & Hardboiled Egg |
|                | Hamburger on WG Bun                   | Breakfast Sandwich on WG Bun             | WG French Bread Pizza                      | WG Spaghetti with Meaty Marinara Sauce              | Toasted Cheese WG Sandwich         |
| ਤ ਕਿ           | Smiley Fries<br>Pineapple Tidbits     | Steamed Peas                             | Calico Beans                               | Steamed Broccoli                                    | Fresh Cauliflower                  |
| Camp           | Pineapple Tidbits                     | Diced Pears                              | Mandarin Oranges                           | Sliced Peaches                                      | Mixed Fruit                        |
| <sup>_</sup> 6 | Milk                                  | Milk                                     | Milk                                       | Milk  | Milk                               |
|                |                                       | Preschool Field Trip                     | School Aged Field Trip                     | Preschool Field Trip                                | School Aged Field Trip             |
| Lunch          |                                       | Ham & Cheese Wrap                        | Ham & Cheese Wrap                          | Turkey, Cheese, Crackers Lunchable                  | Turkey, Cheese, Crackers Lunchable |
|                |                                       | Celery Sticks & Oranges                  | Celery Sticks & Oranges                    | Carrot Sticks & Applesauce Cup                      | Fresh Cauliflower & Applesauce Cup |
| Sack           |                                       | Milk                                     | Milk                                       | Milk  | Milk                               |
| PM             | Dick & Jane Crackers, Yogurt, & Water | Lemon Blueberry Bites, Craisins, & Water | WG Scooby Bones, Applesauce, & Water       | Banana Muffin & Milk                                | Sunchips & 100% Apple Juice        |
|                | 17                                    | 18                                       | 19   | 20  | 21                                 |
| AM             | Cinnamon Toast Crunch Cereal & Milk   | WG Bug Bites & 100% Apple Juice          | WG Elf Grahams, Apple, & Water             | WG Blueberry Muffin & 100% Grape Juice              | WG Scooby Bones, Craisins, Water   |
| s              | WG Chicken Nuggets                    | Beef Nacho Supreme with Cheese           | Cheeseburger on WG Bun                     | WG Macaroni & Cheese with Ham                       | Stuffed Crust Pizza                |
| l to de        | Mashed Potatoes with Gravy            | Steamed Cauliflower & Shredded Lettuce   | Tossed Salad                               | Carrot Coins  | Black Beans                        |
| 15.0           | Cinnamon Apple Slices                 | Apricots                                 | Sliced Pears                               | 1/2 Banana  | Applesauce                         |
| δ              | Milk                                  | Milk                                     | Milk                                       | Milk  | Milk                               |
|                |                                       | Preschool Field Trip                     | School Aged Field Trip                     | Preschool Field Trip                                | School Aged Field Trip             |
| Lunch          |                                       | Sunbutter & Jelly Sandwich               | Sunbutter & Jelly Sandwich                 | Chicken Bacon Ranch Wrap                            | Chicken Bacon Ranch Wrap           |
|                |                                       | Baby Carrots & Fresh Pear                | Baby Carrots & Fresh Pear                  | Cucumber Slices & Banana                            | Cucumber Slices & Banana           |
| Sack           |                                       | Milk                                     | Milk                                       | Milk  | Milk                               |
| -              | Cheese, Pretzels & Water              | Rice Cakes, Yogurt, Water                | Goldfish & Milk                            | Giant Goldfish, Banana, & Water                     | Cheez-its & 100% Apple Juice       |
|                | 24                                    | 25                                       | 26   | 27  | 28                                 |
| AM             | Cinnamon Bread & Cheese Stick, Water  | Seasoned Oyster Crackers & 100% Grape    | Goldfish & Milk                            | Gogurt, Tiger Bites & Water                         | Goldfish Pretzels & Hardboiled Egg |
| sr             | Mandarin Orange Chicken & Brown Rice  | Sloppy Joe on WG Bun                     | Hot Dog on WG Bun                          | Pizza Burger on WG Bun                              | Cheese Pizza                       |
| -<br>E<br>E    | Stir Fry Vegetables                   | Crinkle Cut Fries                        | Baked Beans                                | Steamed Green Beans                                 | Fresh Broccoli                     |
| 50             | Pineapple Tidbits                     | Applesauce                               | Fresh Apple Wedges                         | Sliced Peaches                                      | Honeydew                           |
| <sup>_</sup> 6 | Milk                                  | Milk                                     | Milk                                       | Milk  | Milk                               |
|                |                                       | Preschool Field Trip                     | School Aged Field Trip                     | Preschool Field Trip                                | School Aged Field Trip             |
| Lunch          |                                       | Turkey & Cheese Sandwich                 | Turkey & Cheese Sandwich                   | Sunbutter & Jelly Sandwich                          | Sunbutter & Jelly Sandwich         |
|                |                                       | Baby Carrots & Apple                     | Baby Carrots & Apple                       | Celery Sticks & Fruit Cup                           | Fresh Broccoli & Fruit Cup         |
| Sack           |                                       | Milk                                     | Milk                                       | Milk  | Milk                               |
| -              | Dick & Jane Crackers, Yogurt, & Water | Lemon Blueberry Bites, Craisins, & Water | WG Scooby Bones, Applesauce, & Water       | Banana Muffin & Milk                                | Sunchips & 100% Apple Juice        |
|                |                                       | *Menu subject to change without notice   | *WG = Whole Grain Rich Items               | Milk = Whole for 2 and under, Skim for 2+ year olds |                                    |